

## The Human Thread: Catholics for Clothing with a Conscience Workshop Lesson Plan

| Time    | Exercise   | Rationale/Purpose  |
|---------|--|--|
| 10 min. | <b>Introduction</b><br>Prayer for Global Solidarity  | To open up the workshop in reflection.   |
| 20 min. | <b>What are you wearing?</b><br>Questions to facilitate discussion around buying clothes: <ul style="list-style-type: none"> <li>• Why did you choose that outfit?</li> <li>• What do your clothes say about you?</li> <li>• Where did you buy your clothes? Why there?</li> <li>• What made you purchase this item?</li> <li>• How much did you pay for it?</li> <li>• From what country was the clothing made? [<i>Ask people to pair up. Look at the tags on their clothes.</i>]</li> <li>• Who made do you think made your clothes?</li> <li>• How much of your purchase price was paid to those workers?</li> </ul> | <ul style="list-style-type: none"> <li>• To facilitate understanding of people's relationship with clothes.</li> <li>• To recognize criteria people used to buy clothes.</li> <li>• To recognize the indifference of where and how it was made.</li> </ul> |
| 15 min. | Discuss the distance between producer and consumer in today's globalized market.<br><b>Education on Supply Chain</b><br><i>CBS Goes Undercover in Bangladesh</i> (video 4:40m)<br>Go through the supply chain slides on how the industry works and breakdown of costs.   | <ul style="list-style-type: none"> <li>• To set the context for explaining and understanding the effects of globalization on the clothing supply chain.</li> <li>• To understand the pricing across supply chain and relationship with wages.</li> </ul>   |
| 20 min. | <b>Rana Plaza tragedy</b>  |  |

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|         | <p>Cost of Fashion (video 4:40m)<br/>           Ask for one word reaction. Lead into deeper discussion on human impact.<br/>           Explain details of poor building construction and workers refusing to enter building that morning.<br/>           Place blame: factory foremen→factory owner→brands→retailers→consumer→me!<br/>           Give Prof Davis quote.<br/>           Give Pope Francis quote and Joy of Gospel excerpt. How does our Catholic Social Teaching inform us on this issue?</p> | <p>Inform group of Rana Plaza tragedy.<br/>           Get an emotional response.<br/>           Recognize personal culpability and relationship with CST.</p> |
| 20 min. | <p><b>Look in the Mirror</b><br/>           Give questions for table breakout discussion (15m).<br/>           Ask for feedback.</p>   | <ul style="list-style-type: none"> <li>• Transition from problem to solutions</li> </ul>  |
| 15 min. | <p><b>What are others doing</b><br/>           Present slides on NGOs, industry, and certifying bodies.<br/>           Certification not as mature as coffee or other commodities due to complexity of supply chain and lack of consumer awareness</p>   | <ul style="list-style-type: none"> <li>• Recognize that we are not alone.</li> </ul>  |
| 15 min. | <p><b>Human Thread</b><br/>           Describe Human Thread and St. Vincent Pledge<br/>           This is the start of the conversation. Who is interested in exploring what we can do personally and as a group.</p>  | <ul style="list-style-type: none"> <li>• Empower the people!</li> <li>• Get commitment on next steps.</li> </ul>  |
| 5 min.  | <p><b>Closing prayer</b></p>   |   |